

Local Group Slope Sessions

Group	Meeting Times
Aldershot	2 nd Sunday of the month Winter 10.15am – 11.15 am Summer 10.15am – 12.15am
Bromley	2 nd & 4 th Sunday morning monthly
Bowles	2 nd Saturday of the month
Castleford	Last Sunday of the month 5.30pm – 7pm
Castleford Northern Group	Tuesday evenings/ Sundays
Folkestone	Last Sunday of the month
Gloucester	One Sunday a month 11am - 12.30pm & 1.30pm - 3pm
Glasgow	Friday evenings
Hillend	Monday evenings weekly
Milton Keynes	2 nd & last Sunday of the month 7pm -10pm
Manchester	2 nd Wednesday of the month 8pm
Pendle Sabden	3 rd Saturday morning of the month (Closed June – Sept)
Tamworth	2 nd Thursday of the month 2pm - 5pm Summer extra session 2 nd Thursday of the month 8pm - 10pm